

Report on Vipasyana at VGEC

There was a Program on “Vipasyana” at Auditorium at VGEC on 19th March, 2016. There were many faculties from our college have participated for this program. The whole event was organised by “Women Development Cell, VGEC”. The program was been handled by Anilbhai Dharmdarshi, Indravadanbhai Kotadia and Radhikaben of Gurjar vipasyana Kendra ,Ahmedabad. All the participant were enriched after attending this fruitful lectures and practical session on vipasyana and Meditation delivered by the experts. We are thankful to our Principal madam Dr. Rajul K. Gajjar for giving us a chance to organize this program at our campus.. Also Prof. Roopal R. Kapadia Madam helped us and supported us a lot to manage this program for the getting health upliftment and peace of mind.

