

Program Report on Defense 'o' Dance

There was a Program “Defense 'o' Dance” at Sardar Patel stadium On February 1, 2015,. There were 4 faculty members Ms. Sejal Sarvaiya, Ms Rashmi Chauhan, Ms Parul Tirkar and Ms Rashi Raval from VGEC College, 2 coordinators-Karan Rathod and Ajay Malik and 60 girls representing VGEC College. There were total of 204 registrations from our college for this program. 50 girls reached the stadium by their own vehicle. There were total 2 buses arranged. At 6:30 am we left from college premises for the stadium by GSRTC bus. We reached there at 7:00 am. There were many girls from different schools and colleges. Also there were many working women and house wives. The current chief-minister of Gujarat, **Mrs. Anandiben Patel** was present there. There were two teams for teaching dance and one karate team for teaching defence steps. We returned back from there at 10:00 am in the buses provided. We reached college premises at 10:30am.

This program guides us how to defend ourselves. This program was very useful for all the girls and women. We are also thankful to our Principal madam **Dr. Rajul K. Gajjar** for giving us a chance to attend this program. Also Prof. Rupal P. Vyasa Madam helped us and supported us a lot in this program. We are thankful to our college for giving us this wonderful opportunity.



